

Dr. Ken O'Neal, MD, ND
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Untitled

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Biography: Dr. Ken O'Neal graduated summa cum laude (with highest honors) and was class valedictorian in 1965 from Harding College (now Harding University) in Searcy, Arkansas with a Bachelor of Science degree and a biology major. In 1969, he graduated from the University of Texas Southwestern Medical School in Dallas with an M.D. (Doctor of Medicine degree). In 1972, after doing General Practice at Coffey Clinic in Fort Worth for two years, he co-founded one of the first full-time emergency physician groups in Texas known as the Greater Houston Emergency Physicians Association in Houston, Texas and worked full-time as an emergency doctor. From 1972-1986, he served as the Medical Director of the Emergency Department at different times at Heights Hospital and Parkway Hospital respectively. From 1986-1989, Dr. O'Neal was Chief of Staff at the small, rural Wagner General Hospital in Palacios, Texas, where he worked in emergency medicine, general practice, critical care, surgery, pediatrics and diagnostic medicine. In 1989 he moved back to Houston and worked for Tri-Star Medical, Inc., Blake Berry, MD as a full-time emergency physician. From 1990-1996, he served at different times as the Medical Director of the Emergency Department at Bellaire General Hospital (suburban Houston) and Park Plaza Hospital (in the well known Houston Medical Center area). In 1995 he completed course requirements leading to his N.D. (Naturopathic Doctor degree) from the Clayton School of Natural Healing. He has seriously studied the lives, research, writings and clinical practices of internationally famous integrative doctors such as Garry Gordon, MD, DO; Julian Whitaker, MD; Hans Nieper, MD; Jonathan Wright, MD; Alan Gaby, MD; John Meyer, MD and many others in other disciplines ever since. In 1996 he moved to Abilene, Texas, and worked for Southwest Medical Associates as an emergency physician until 2005 when he retired from ER practice. During this same time he also worked as an integrative doctor with offices in Abilene and Dallas. Dr. O'Neal has always believed that a physician's or healer's main job is to teach patients or students how to care for themselves and their families. He continues to teach the importance of correct diet, healthy lifestyle changes, how to determine if nutrients/supplements are needed, how to find quality nutrients/supplements, how to get and interpret standard and cutting-edge tests, the importance of taking individual responsibility for health decisions and most importantly, how to discover and apply accurate health information in their lives by cutting through all the misinformation and disinformation we are exposed to daily. Dr. O'Neal has helped thousands of individuals improve their health and lives. He states that doing that is one of his greatest sources of joy and satisfaction. He accomplishes this by using his vast store of knowledge, ongoing cutting-edge research, many years of clinical experience and excellent teaching skills to continually update his students and speak out about many important life and health issues.